



Seven Rotary Districts Interact Symposium

www.interactsymposium.us or www.district5300.org/Interact/Symposium

Rotary International District 5300 Location: AstroCamp, Idyllwild, CA
Invites Districts 5240, 5260, 5280, 5320, 5330 & 5340 to participate

Note well: This is a CAMP at 6,000+ feet

What to Bring to the Seven District Interact Symposium

We recommend putting your name on your gear

- | | |
|---|---|
| <input type="checkbox"/> Sleeping bag & pillow | <input type="checkbox"/> Toiletries & soap |
| <input type="checkbox"/> YOUR INTERACT CLUB BANNER | <input type="checkbox"/> Bath towel & wash cloth |
| <input type="checkbox"/> Warm jacket | <input type="checkbox"/> Flashlight & extra batteries |
| <input type="checkbox"/> Gloves | <input type="checkbox"/> Travel alarm clock |
| <input type="checkbox"/> Warm hat | <input type="checkbox"/> Lip gloss & sunglasses |
| <input type="checkbox"/> Jeans, sweats or slacks | <input type="checkbox"/> Rain gear |
| <input type="checkbox"/> Water resistant walking shoes | <input type="checkbox"/> Cheap camera & film |
| <input type="checkbox"/> Sleep wear (dorms are heated) | <input type="checkbox"/> Water bottle (refillable) |
| <input type="checkbox"/> Long-sleeved shirts | <input type="checkbox"/> Pen or pencil |
| <input type="checkbox"/> Sweaters & sweat shirts | <input type="checkbox"/> Shorts & T's |
| <input type="checkbox"/> Several pairs of socks | <input type="checkbox"/> Changes of underwear |

a sense of humor!!

Pack all of your gear in a duffel bag or other suitable luggage that you can carry.
(You may have to tote it up to 100 yards)

What **NOT** to bring to the Seven District Interact Leadership Symposium

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|------------------------|---------------------------|
| Knives | Alcohol |
| Sling shots | Televisions |
| Fire crackers | Radios or Walkman or MP3s |
| Firearms | Video/electronic games |
| Illegal Drugs | Valuables |
| Cigarettes | Matches or lighters |
| Real OR "Virtual" Pets | Cell Phones/Pagers |

PLEASE NOTE THAT THIS APPLIES TO ADULTS & STUDENTS

Any violation of the rules of the camp and/or the 7 District Interact Symposium will immediately require your parents or guardian to come and remove you from the Interact Symposium

In case of emergency, your parents can make contact with you at 951-659-5824
Messages from your parents, other than emergencies, will not be accepted.