The Rotary Dream Team - India 2017

Travellers down the ages have tried to discover the Essence of India. To many, it has remained an enigmatic kaleidoscope. To some it has revealed ancient, abiding, universal Truths. None could remain untouched by the epic proportions of its size, its artistic heritage, or the wealth and variety of its vibrant cultures.

Since 2008, the Rotary Dream Teams come to India every year to work hands –on with humanitarian projects in the heart of India. Before or after the project, they also take a short holiday to enjoy a slice of India's many contrasting cultural flavors and landscapes.

In 2017, our project is located in the Indian state of Punjab. It presents a unique experience for those who like to *Make a Difference*, like the Outdoors, and cherish close interaction with distant cultures.



Project Highlights in 2017



We will participate in a **Polio NID** (National Immunization Day) in the Mewat district (Haryana), where the latest polio case had been reported as recently as January 2010.

We will not only administer the drops to village children, but shall also lead a rally through the village streets to advertise how critical it is for parents to bring their children for the drops, every NID, every six weeks.

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Project Highlights (cont).



In the heart of rural India, we will work with our hands as part of the labour force to build two check dams 1km apart, near the Sikh religious centre of Anandpur Sahib in the India sate of Punjab. The project will be funded by a Global Grant from the Rotary Foundation. The project will have a far reaching, long-term and sustainable impact on the welfare of an impoverished but colourful and vibrant community. The dams will help surrounding villages to increase their annual crop yield by 50 percent, by

trapping the rain water that gushes down from the hills in the monsoon months but rushes away without benefiting the local population.



The dams will prevent aquifer degradation and surface water depletion, and this in turn will lead to:

- Recharge of ground water and lift water levels in the wells.
- Make drinking water available to community during summer months from bore-wells in their own villages that are currently dry.
- Free women and girl-children from the day long drudgery of fetching

water from distant wells, thus freeing them up to benefit from trade-oriented education.

- Make drinking water available to cattle and other animals.
- Assure irrigation in summer months and thus increase the annual crops from 1 per year to 3 crops per year, including vegetable crops that are more lucrative but also water intensive.
- Additional income from increased crops would reduce the need to take male children out of school and send them out to earn money for the family kitchen.

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This is a unique opportunity to live and work with the real, Eternal India: rustic, curious, warmly welcoming, a collage of timeless pastoral scenes. The level of physical fitness required to enjoy this activity is no more than that of a normally active person. Since we will be working in tandem with local foremen and labour teams, prior experience or expertise in construction is not required. We

will stay near the project site in an exclusive tented camp specially put up for our team. The tents are in the Swiss Cottage style, with two beds and an attached WC (western style with flush), shower, and washbasin, with running hot & cold water.

What do you have to do to join the Trip?

- Read the following pages carefully, and print the Trip Application Form (pages 18 and 19).
- Email the completed form as a scanned attachment to Inbound@hipoints.com. We will study any special requirements that you may have and will then mail our invoice and payment directions by wire transfer or credit -card, along with visa application instructions.
- Send payment of at least 50% of your trip cost within 2 weeks of receiving the invoice, by bank wire transfer or credit-card.
- Apply for your Indian visa.
- Send your balance payment by bank wire transfer or credit-card latest by **September 30, 2016**

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Past projects - Water Harvesting



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July 07, 2017

Trip Program Based on Polio NID date Feb. 12 or 19, 2017.

If NID is on Feb 05, the dates of the trip will move back by one week and Depart from USA on Feb. 3 If NID is on Feb 26, the dates of the trip will move forward by one week and Depart from USA on Feb. 17 The final dates will be informed at least 60 days before the trip after the Polio NID date is finalized by the Indian govt.

Date	TOUR A	TOUR B
Fri Feb 10	Depart – Newark: Dep. New York/ Newark, NJ (EWR - Liberty): 8:40 PM Flight UA82	Depart – Newark: Dep. New York/ Newark, NJ (EWR - Liberty): 8:40 PM Flight UA82
Sat Feb 11	Arr. Delhi, India (DEL): 9.20 PM (local time). Total Travel Time: 14 Hr. 05 min . Met on arrival in Delhi and transfer to hotel.	Arr. Delhi, India (DEL): 9.20 PM (local time). Total Travel Time: 14 Hr. 05 min. Met on arrival in Delhi and transfer to hotel.
Sun Feb. 12	Delhi - Polio NID: OR City tours	Delhi - Polio NID: OR City tours
Mon Feb. 13	Delhi – Jaipur: (Drive 265 Kms./ 5Hrs): AM: Drive Apx. 265 kms. / 5hrs to Jaipur. On arrival check into hotel. Evening at leisure	Delhi – Bagdogra: (Flight 9W 711, Dep. 11:30Hrs./ Arr. 1:30PM): Bagdogra – Darjeeling: (Drive, 90 Kms./3-4Hr.) Met on arrival at Bagdogra airport and drive to Darjeeling (apx.2134 m): AM: Transfer to airport to board the flight for Bagdogra Met on arrival and drive to Darjeeling.
Tue Feb. 14	Jaipur: AM: Explore the Amber Fort followed by Jaipur city tour. PM: Shopping etc.	Darjeeling: Excursions in and around Darjeeling
Wed Feb. 15	Jaipur – Ranthambhore: AM: Drive apx. 150 Kms./ 4-5hr to Ranthambhore Tiger Reserve. PM:Jungle safaris by shared Canter vehicles	Darjeeling – Martam: AM: Drive apx. 75 kms. / 3hrs to Martam Village near Gangtok, Sikkim. Afternoon explore the charming village.
Thu Feb. 16	Ranthambhore: AM & PM: Jungle safaris by shared Canter vehicles.	Martam: AM: & PM: Sightseeing of Martam and surroundings, including Rumtek monastery.

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Date	TOUR A	TOUR B
Fri Feb. 17	Ranthambhore - Agra: AM: Drive apx. 250 Kms. 7 Hr to Agra.	Martam - Gangtok: (Drive 45 mins): AM: Drive to Gangtok. City tours
Sat Feb 18	Agra –Delhi: AM: Visit Taj Mahal in the morning. After lunch drive about 4 hr to Delhi and drive to Delhi.	Gangtok – Bagdogra: (Drive 26Kms. / 5Hr.): Bagdogra – Delhi: (Flight SG 10, Dep. 3:45PM: /ARR.6:10PM :) After Breakfast drive to Bagdogra airport to board the flight for Delhi. Met on arrival and transfer to hotel.
Sun Feb. 19	Delhi - Polio NID OR City tours AM: drive about 2 hrs for NID activities in a village. PM: Drive back to Delhi.	Delhi - Polio NID OR City tours AM: drive about 2 hrs for NID activities in a village. PM: Drive back to Delhi.
Mon Feb. 20	DELHI – ANANDPUR SAHIB: DAM SITE: AM: Drive to Anandpur Sahib apx 320 Kms./ 8-9 Hrs. PM: Arrival dam site Overnight in our exclusive camp in tented cottages	
Tue Feb. 21	Dam Site: Building our Dam. Overnights in our exclusive camp in tented cottages	
Wed Feb. 22	Dam Site: Building our Dam. Overnights in our exclusive camp in tented cottages	
Thu Feb. 23	Dam Site: Building our Dam. Overnights in our exclusive camp in tented cottages	
Fri Feb. 24	Dam Site – Anandpur Sahib – Delhi: AM: Drive about 8-9 hr.to Delhi. Met on arrival and check-in to hotel.	Dam Site – Anandpur Sahib – Delhi: AM: Drive about 8-9 hr. to Delhi. Met on arrival and check-in to hotel.
Sat Feb 25	Delhi-Newark: AM: Visit Rotary Project in Delhi. Hotel check out 12 noon, but a couple of rooms will remain available for common use till the evening. PM: Dinner with local Rotarians in Delhi. After dinner transfer from dinner venue to airport at 7.30 PM . Board the United flight DEP. 11:35 PM	Delhi-Newark: AM: Visit Rotary Project in Delhi. Hotel check out 12 noon, but a couple of rooms will remain available for common use till the evening. PM: Dinner with local Rotarians in Delhi. After dinner transfer from dinner venue to airport at 7.30 PM . Board the United flight DEP. 11:35 PM
Sun Feb 26	Arr. Newark at 4:45 AM: Connect with onward flights if required. End of Trip.	Arr. Newark at 4:45 AM: Connect with onward flights if required. End of Trip.

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Trip Costs In US\$ Per Person

Airfares marked in **red** are subject to **increase or decrease** depending on the airfares applicable on the date of your payment for reservations. We will adjust the final price payable by you accordingly.

Service	Cost per person TOUR A	Cost per person TOUR B
Land services based on sharing Twin / Double Rooms	\$2935	\$2935
International airfare departing from Newark(EWR) Liberty – Delhi – Newark based on Continental Airlines	1600	1600
Domestic airfare	Not Applicable	270
TOTAL COST:	4535	4805
SUPPLEMENT for Single rooms	740	740

The above prices include the following services as per the enclosed itineraries:

- International airfare (optional you may choose to book your own international travel).
- Domestic airfare for the sector Delhi Bagdogra Delhi for Itinerary B.
- Meeting and assistance at all airports in India.
- Airport transfers and all land transportation by private AC vehicles for Tour A & B, except in Darjeeling and Sikkim where we will provide Non AC Vehicles (Tour B).
- All activities mentioned in the itinerary.
- Local English speaking guides and Entrance fees at places of visit.
- Toy train ride in Darjeeling for Tour B.
- 03 Canter safaris in Ranthambhore and 01 Elephant ride in Jaipur (Tour A)
- Transportation and Portage of one suitcase per member up to 25 Kg each.
- Accommodation in base-category rooms at the hotels indicated below or similar on full board basis (including Breakfast + Lunch + Dinner).

Hotels Included in TOUR A: (Total 14 Nights)

City	Hotel	Hotel Category	Nights
Delhi	Royal Plaza	First Class	02
Jaipur	Ramada Inn / Royal Orchid Central	Sup. Tourist Class	02
Ranthambhore	Tiger Moon / Ranthambhore Kothi	Jungle Resort	02
Agra	Crystal Sarovar Premiere/ Four Points by Sheraton	First Class	01
Delhi/ Gurgaon	Royal Plaza / Crowne plaza	First Class /Deluxe	02
Project Site	Camp	Tented Cottages	04
Delhi	Royal Plaza	First class	01

Hotels Included in TOUR B (Total 14 Nights)

City	Hotel	Hotel Category	Nights
Delhi	Royal Plaza	First Class	02
Darjeeling	Cedar Inn / Summit Grace hotel & Spa	First Class	02
Martam	Martam Village Retreat	Sup. Tourist Class	02
Gangtok	Orange village resort/ The Royal Plaza	First Class	01
Delhi/ Gurgaon	Royal Plaza / Crowne plaza	First Class /Deluxe	02
Project Site	Tented Cottages at our exclusive camp	Tented Cottages at our exclusive	04
	site	camp site	
Delhi	Royal Plaza	First Class	01

Trip Logistics & Accommodations arranged by

High Points of India 39, Paschimi Marg, Vasant Vihar, New Delhi-110057, India Email: inbound@hipoints.com

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The following services / expenses are not included in the trip costs specified above:

- Passport, Visa processing fee, fees for inoculations and health certificates.
- Any meals other than specified above.
- Personal expenses such as drinks, room service items, laundry, telephone calls or tips.
- Any additional expenses caused by, or liability for, disturbance in trip program due to circumstances beyond our control such as airline or railway delays, road blocks, vehicle malfunctions, weather Conditions, sickness, natural disasters, wars, riots, etc.
- Liability for or insurance against injury, loss of life, accidents, damage to or loss of goods.
- Camera fee or any item not specifically listed above.

More about the places we will visit



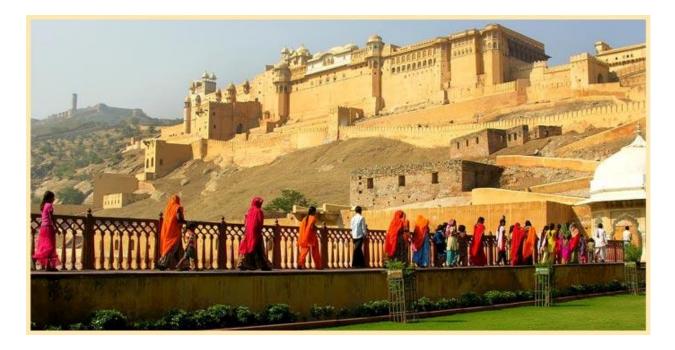
Tour A

Delhi: At the time when Bombay and Madras were just being established, Delhi had already been the capital of an empire for 500 years past. Over the centuries, no fewer than eight cities have been built side by side on this site.

The city as it stands today has been built by Hindu, Muslim and British builders, and in a few minutes you can be transported from the neoclassical architecture of the elegant garden city of New Delhi to the narrow, twisting lanes that surround Chandni-Chowk in the old city.



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The fortifications surrounding Jaipur give it a medieval atmosphere. The delicate honey-comb design of the 'Palace of Winds' glows in the light of the setting sun. Quaint bazaars thrive around this edifice. High above the city, the towers and domes of the Amber Palace are reminiscent of scenes from a fairy tale. Indeed, Jaipur embodies all that you may have heard about the pomp and pageantry of India, its Maharajahs and their fabulous palaces, and the marvellous, colourful drama of Life on its bustling streets.

We shall ascend to the Amber Palace atop gaily decorated elephants, as did the Maharajah's of yore. Within the fort walls lies an assortment of buildings famous for their intricate mirror inlays - the Hall of Mirrors, Kali's Temple, palaces with latticed windows and beautifully sculpted arches and pillars.



The City Palace is still the residence of the Jaipur family, and its museum displays a fabulous collection of paintings, carpets, jewels and arms. We will also visit the Jantar Mantar (Royal Observatory), and the Hawa Mahal, or "Palace of the Winds". This is a multi-storied, intricately latticed facade of pink sandstone, designed for the pleasures of the ladies of the royal court. From here they could look out upon the quaint bazaars that still thrive around the palace, without exposing themselves to the commoners. Later, we shall explore the same colourful bazaars on foot. Here we may have memorable encounters with the descendants of those

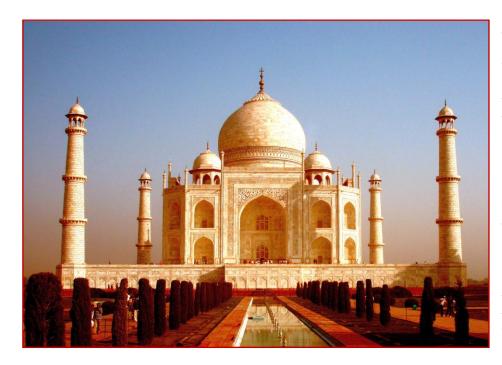
"commoners", many still living in their ancestral "havelis" along the main market street. The sheer variety of the items that are sold off the street is fascinating, ranging from the mundane to the exotic, or even the simply baffling.

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The famous Ranthambhore Tiger Reserve is spread over an estimated area of 250 sq miles. Steep crags embrace a network of lakes and rivers, and atop one of these hills, is the impressive Ranthambore Fort, built in the 10th

century. The terrain fluctuates between impregnable forests and open bush land. The forest is the typically dry deciduous type. Numerous lakes in this forest attract the tiger population. Old crumbling walls, ruined pavilions, wells, and other ancient structures stand witness to the region's glorious past. The reserve is also home to panthers, marsh crocodiles, hyenas, jungle cats, sloth bears, sambar deer, chital & chinkara deer, and nilgai (antelope). Bird life includes black storks, painted storks, quail, Bonelli's eagles, crested serpent eagles and spur fowl.



Agra (Taj Mahal): Back in the north of India, the Taj Mahal is a magnificent monument to an emperor's love for his queen. A colossal, perfectly proportioned mass of marble, the Taj Mahal is literally a jewel. It was fashioned over 17 years by 20,000 craftsmen & labourers. From a distance, it seems to float, like a fantastic mirage, upon the banks of the River Yamuna.

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Tour B:





There is "The Mall", of course, a promenade with "fashionable" stores alongside and Kanchenjunga playing hide and seek in the skies above. The lower regions of the town are teeming with colourful tribesmen trading their products in the busy market. The town is surrounded by picturesque tea-plantations. **DARJEELING** (apx.2134 m): The mighty Kanchenjunga (8586 m / 28000 ft), third highest mountain in the world, towers above this charming town like a gigantic ship floating upon a sea of clouds. In the distance, Mt.Everest retains its aloofness. The town itself is a typical Indian "hill-station".



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The crowning glory of the erstwhile kingdom of Sikkim is Mt. Khangchendzonga, the third highest mountain in the world. With magnificent snow and ice scenery it is often regarded as the undisputed monarch among the peaks of the world. But for the Sikkimese Khangchendzonga is much more than a mountain and is revered as the abode of their guardian deity Dzo-nga. Sikkim shares its border with Nepal in the west and Bhutan in the east, with the Tibetan plateau rising from its northern border. It was once a Himalayan monarchy and part of the fabled

Silk Route to China. Its merger with India in 1975 has offered a window to the world to discover the treasures of this hidden land.



Martam Retreat is located in the tranquil countryside village of Martam in East Sikkim, 29 kms from Sikkim's capital Gangtok. Surrounded by the virgin forests of the Fambongla Wildlife Sanctuary and facing the majestic Nathula range, we can enjoy nature at its best, breathing clean fresh air while taking in the spectacular views. A 10min hike up the hill just above the resort takes us to a tiny monastery called Mani Lhakhang. The view from here is beautiful and you can see the Tinjure Hills looming right behind you and in front is sprawled the charming paddy

fields that make up Martam. In the monastery, there are Lepcha manuscripts along with palm-leaf ones from Bengal and Orissa, coins and stamps, relics of Ashokan monks and a treasure trove of Tibetan books. Down towards the village, there are paddy fields all over in terraced gardens, and small houses

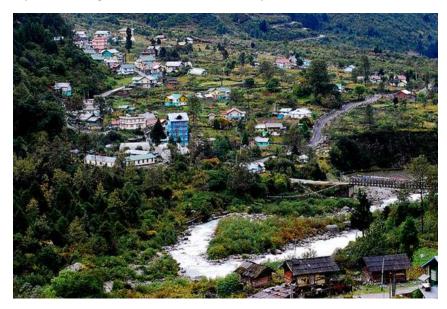
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in between, and a narrow road meandering through the village at a gentle slope. You can clearly see Rumtek Monastery across the paddy fields on the other side of the small valley.



Rumtek Monastery is the seat of Karmapa who heads the Karma - Kagyupa sect of Tibetian Buddhism. The earlier monastery is situated on the lower parts of the hill and after the Chinese aggression the 16th Gyalwa Karmapa after coming back from Tibet built the new monastery on the top of the hill. Built in 1960s the monastery is said to be the biggest monastery in Sikkim which has its own school to

impart teachings in Tibetan and various aspects of Tibetian Buddhism.



Gangtok is the capital of the northern Indian state of Sikkim. Established as a Buddhist pilgrimage site in the 1840s, the city became capital of an independent monarchy after British rule ended, but joined India in 1975. Today, it remains a Tibetan Buddhist center and a base for hikers organizing permits and transport for treks through Sikkim's Himalayan mountain ranges.

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More about the Dam Project: The Anandpur Sahib Wala Dams – Feb 2017

BACKGROUND

The state of Punjab is located in the Northern part of India. It is primarily an agrarian state with maximum contribution from agriculture sector. The state has been witnessing sever water scarcity in the last few years. Punjab, also known as the land of five rivers, is staring at a dark future on the water front; the ground water level is fast depleting. Bore wells yield water at 300 to 400 feet, where earlier the ground water levels used to be 70—100 feet. Every year, the level goes down by 10 feet. The situation is very alarming¹, as it is directly affecting the people in the state, who are mainly dependent on agriculture and its allied activities.

Ropar district is located in the eastern part of the Punjab State. Administratively the new Ropar district is divided into four tehsils: Rupnagar, Chamkaur Sahib, Anandpur Sahib and Nangal. Agriculture is also the main source of the economy here. Depleting groundwater has led to an increasing demand for water to meet the agricultural and household needs. The traditional ponds system of Punjab, including those in Ropar are now lying in ruins. There is a need to harvest the rain water and increase the underground water levels.

We will participate in the construction of two check dams at a distance of 1km from each other, to cover the entire belt in this location. The check dams will be constructed on a seasonal water stream that will cover an area of approximately 550 meters and will directly benefit 100 acres of agriculture area.

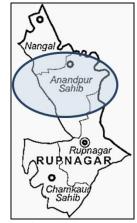
PROPOSED LOCATION

State: Punjab District: Rupnagar District Tehsil: Anandpur Sahib Village: Jhajjhar Population: 1500 Total Households: 180 Check dam Names: Anandpur Sahib and Anandpur Sahib Jhajar

¹ http://articles.economictimes.indiatimes.com/2016-04-08/news/72161407_1_punjab-agricultural-university-ground-water-water-scarcity

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Anandpur Sahib in Ropar Distirct

GPS Location of the Proposed Project Area

Check Dam 1 Water Catchment Details

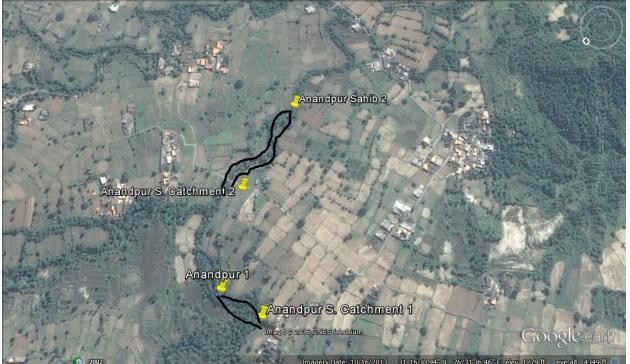


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Check Dam 2 Water Catchment Details



Both Check Dams Together



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Trip Application Form: Section 1

Please complete Section 1 & 2 of this form and email a scanned copy to

inbound@hipoints.com

Last Name as on your passport:		
First Name as on your passport:		
Middle Names as on your passport:		
Prefix (Mr. or Mrs. or Ms.)		
Rotary <u>Club</u> and <u>District</u> (if applicable)		
Position in Rotary Club and/ or District (if applicable)		
Address: House / Apartment Number, Street, City, State, ZIP / PIN, Country		
Date of Birth: Month / Date / Year		
Passport Number		
Passport Issued at (place of issue)		
Passport Issue ON (date of issue)		
Passport valid till (date)		
Telephone No. (Country Code - Area Code - Phone Number)		
Mobile Telephone number		
Fax Number (Optional):		
E-Mail Address:		
Details of person to be contacted in case of emergency:		
Name:		
Relationship:		
Address: House / Apartment Number, Street, City, State, ZIP / PIN, Country		
Telephone No. (Country Code - Area Code - Phone)		
Mobile Telephone number (Country Code - Phone)		
E-Mail Address:		

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Trip Application Form: Section 2

mp Application Form. Section 2		
Which Tour would you like to join, A or B? Please circle	Tour A	
your choice.	Tour B	
Would you agree to a shift in trip dates by exactly one week, in the unlikely event of a change in the date of the Polio NID? This change, if at all, will be intimated at least 60 days before the scheduled departure.	Yes / No	
Do you require a single room? (please circle your answer and delete the other)	Yes / No	
If not, is there anyone else traveling with you who will share your room?	Yes / No (please circle your answer and delete the other) (If yes) Name of person who will share my room:	
Or, will you accept to share a room with any other participant (same sex) (please circle your answer and delete the other)	Yes / No	
Would you prefer to purchase your international flight tickets on your own?	A. Yes, I will purchase my own international flight tickets.	
In that case, please circle A, and fill in your arrival and departure flight details against B & C.	B. I will Arrive in New Delhi by Flt. No at Hr. onFeb. 2016 from 	
and indicate your proposed flight numbers, time and date of Arrival & Departure from New Delhi, India against B & C.	C. I will Depart from New Delhi on Flt. No at Hr. onFeb. 2016 to	
If you have not opted to purchase your own flights:	Yes / No	
The flight costs indicated on these pages include international flights ex – Newark, New Jersey.	(If yes) I prefer to depart from and return to:	
Do you require a different international departure and return city?	(in this case, we will send an alternative air itinerary and trip price for you)	
Please indicate your shirt size (for the Team T-shirts) S, M, X, XX OR XXX		

Your signature: _____Name _____ Date: _____

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For more information, please contact:



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